Winter Basketball Program
1st Grade - Boys & Girls

** If you have any questions, please e-mail Mr. Mental at mic1616@aol.com or call the Olmsted Community Center at (440) 427-1599.** Questions by e-mail only - please do NOT call the Schools

Dear Parent/Guardian:

WINTER BASKETBALL PROGRAM

We are going to provide our first grade students an opportunity to play basketball this winter. Our goals are to practice <u>once a week</u>. This would <u>start the first week in January</u> and run through the last week in February with each class lasting about 45 minutes. These are the skills we would like to work on: Dribbling, Passing, Shooting, Lay-ups and Playing Defense. We want this to be a positive learning experience, so it can help our 2nd and 3rd grade program in future years. The cost for the program is \$30.00. The registration is available ONLINE this year at www.olmstedcc.com or in person at Olmsted Community Center, 8170 Mapleway Drive, Olmsted Falls. Registration deadline **FRIDAY**, **NOVEMBER 18, 2016**. Please make the check/money order payable to Olmsted Community Center. Your child will receive a T-shirt. We will need as many volunteers as possible. Please indicate this if you can help on the form below or in the comments section of the online registration.

Indicate which <u>days</u> are good PLEASE BE FLEXIBLE BY MARKING MORE THAN ONE DAY:

<u>]</u>	PLEASE BE F	LEXIBLE 1	BY MARKIN	G MORE THA	AN ONE DAY	<u>7</u> •
(circle)	Monday	Tuesday	Wednesday	Thursday	Friday	
			•	attend practice/	0	
PLEASE BE FLEXIBLE BY MARKING MORE THAN ONE TIME						
(circle)	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.		
PLEASE – WE NE Are you into	CED AS MANY erested in coach					
Please remember t Lenox Gym (west e				art in January a	and the progra	m takes place in the
Thanks for your coope Mick Mental	eration,		**Ple	ase do not cal	l the school v	with questions.**
PLEASE PRINT AN Participant's Name Address		(boy or girl) Teac	her		-
Registration fee infort During the basketball						's Board of Education) nd time :
PSR Others	S					
hepatitis, spine irregulars the participant cover As the parents/guardiactivity. We do release and/or all in case of ilikewise release from event of injury to our	larity, diabetes, curred by a hospital an of the above pase, absolve and homiting of our child responsibility any child.	evant to the parrent infection and/or medical articipant, we old harmless-ord, ourselves or person transp	or a disability insurance? YES hereby give our fficials, commiss any other memb orting our child t	history of asthma, S NO approval for his/hioners, board mem er of our family of and from activity	er participation in the partic	n the above basketball, sponsors, supervisors, nding an activity. We waive all claims in the
You do have our per	mission to have o	our child treat	ed at any hospit	al unless so stated	d here.	

Phone _(___

Parent/Guardian Signature _____

Name of Mother/Father _____

Address

OLMSTED FALLS BASKETBALL PROGRAM

RULES AND REGULATIONS

- 1. All games and practices should end 5 minutes before scheduled time (example 4:30 p.m. start-stop at 5:25 p.m.)
- 2. The last team to practice needs to be out at their scheduled time.
- 3. Parents are encouraged to stay and watch practices and games.
- 4. If a parent is not there, the coach <u>must</u> stay with the team until every child is picked up.
- 5. We will enter and exit through the main entrance.
- 6. Boots will be taken off and put neatly on the mat. Please **No Boots** in the school.
- 7. Carry your gym shoes and put them on after taking off wet shoes or boots in the corridor.
- 8. Any child caught running around the building is not allowed to play in the next game. The second time this occurs, he/she is off the team.
- 9. Children will be allowed to go to the restroom. We would like one to go at a time.
- 10. No water bottles in the gym.
- 11. Please show up for games and practice 10 minutes before your scheduled time. (example Your game is at 5:30 p.m. come through the school doors at 5:20 p.m. no earlier.)
- 12. No staying after your game to watch the next game. Coaches should help move them out
- 13. Parents and little children can sit on the stage to watch their son/daughter during practice and games.
- 14. Any fighting by a player or players, they are out for the next game. The second time this occurs, they are off the team.
- 15. By the decision of the league commission, any player can be taken off a team after one fight or incident, which might be considered inappropriate.
- 16. We would like all coaches to <u>teach</u> and <u>not yell</u> or <u>scream</u> at the children.
- 17. No alcoholic beverages are allowed in the school or gym.

If for some reason something comes up that is not covered on this sheet, then the league commissioner has the final decision on all matters.

All equipment is the responsibility of the coach. If anything happens he/she needs to handle it properly. (Which could mean replacing it.)

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DETACH AND RETURN

I, the parent/guardian of	have read all the rules and agree to abide by			
them.				
Parent/Guardian Signature	Date			